

# SCHEDULE

SATURDAY, JANUARY 13TH

## AM MEET

7:30 am - Doors Open  
8:00 am - March In  
8:15 am - Meet Begins

### TEAMS:

1. FGC Cobras (Lower level)
2. Premier Moon (Lower Level)
3. Woodbury Princesses (Lower Level)
4. Rosemount (Upper Level)
5. Northfield Novas (Upper Level)

## AFTERNOON MEET

12 pm - Doors Open  
12:30 pm - March In  
12:45 pm - Meet Begins

### TEAMS:

1. FGC Sharks (Lower Level)
2. Bloomington Jaguars Blue (Upper Level)
3. Premier Earth (Lower Level)
4. Northfield Wonders (Upper Level)

## PM MEET

4:30 pm - Doors Open  
5:00 pm - March In  
5:15 pm - Meet Begins

### TEAMS:

1. FGC Hornets
2. Rosemount
3. Rosemount
4. Premier Fire
5. Bloomington Jaguars Silver

SUNDAY, JANUARY 14TH

## AM MEET

8:30 am - Doors Open  
9:00am - March In  
9:15am - Meet Begins

### TEAMS:

1. FGC Falcons (Lower Level)
2. Minnetonka (Upper Level)
3. Woodbury Queens (Upper Level)
4. Premier Soltice (Lower Level)
5. New Hope Tumblers 1 (Lower Level)

## AFTERNOON MEET

1 pm - Doors Open  
1:30 pm - March In  
1:45 pm - Meet Begins

### TEAMS:

1. FGC Grizzlies (Upper Level)
2. Woodbury Dutcheses (Upper Level)
3. New Hope Tumblers 2 (Lower Level)
4. Premier Sun (Lower Level)
5. Minnetonka (Upper Level)



## ROTATION SCHEDULE

VAULT	BARS	BEAM	BYE	FLOOR
1	2	3	4	5
5	1	2	3	4
4	5	1	2	3
3	4	5	1	2
2	3	4	5	1

# FARMINGTON GYMNASTICS & CHEER

315 Elm Street  
Farmington, MN 55024  
(651) 460-2050  
[www.fgcgym.com](http://www.fgcgym.com)



## JANUARY 13 & 14, 2024

- \$200 per team
- Parking is limited
- Modifies Capital Cup - 5/7 minute warm up with drop touch
- Admissions: \$8.00 per person (Ages 5 and up)
- Awards - AA 1st - 5th Place and Team Awards
- Concessions Available

