

2023 AAU GYMNASTICS NATIONAL CHAMPIONSHIPS

GYM A

Friday, June 30

Session 1A - 8:00am
Level 1
(DOB on or after 11/9/14)

Session 2A - 11:00am
Level 1
(DOB on or before 11/8/14)
Level 2
(DOB on or after 11/25/15)

Session 3A - 2:00pm
Level 2
(DOB- 5/25/14 to 11/24/15)

Session 4A - 5:00pm
Level 2
(DOB on or before 5/24/14)

Saturday, July 1

Session 5A - 8:00am
Level 5 (All)
Level 4
(DOB on or after 12/6/11)

Session 6A - 11:15am
Level 4
(DOB on or before 12/5/11)
Gold
(DOB on or before 9/20/07)

Session 7A - 2:30pm
Gold
(DOB on or after 4/7/12)

Session 8A - 5:45pm
Gold
(DOB on or after 4/7/12)

Sunday, July 2

Session 9A - 8:00am
Gold
(DOB- 1/7/11 to 4/6/12)

Session 10A - 11:10am
Gold
(DOB- 1/7/11 to 4/6/12)

Session 11A - 2:15pm
Gold
(DOB- 7/15/09 to 1/6/11)

Session 12A - 5:50pm
Gold
(DOB- 7/15/09 to 1/6/11)

Monday, July 3

Session 13A - 8:00am Gold
(DOB on or before 7/14/09)

Session 14A - 11:45am
Level 6 (All)



Teams as assigned by your provided roster.

2023 AAU GYMNASTICS NATIONAL CHAMPIONSHIPS

GYM B

Friday, June 30

**Session 1B - 8:00am
Level 3**
(DOB on or after 2/4/14)

**Session 2B - 11:00am
Level 3**
(DOB 8/29/12 to 2/3/14)

**Session 3B - 2:00pm
Level 3**
(DOB on or before 8/28/12)

**Session 4B - 5:00pm
Silver**
(DOB on or after 5/2/14)

Saturday, July 1

**Session 5B - 8:00am
Silver**
(DOB on or after 5/2/14)

**Session 6B - 11:15am
Silver**
(DOB- 2/20/13 to 5/1/14)

**Session 7B - 2:30pm
Silver**
(DOB- 2/20/13 to 5/1/14)

**Session 8B - 5:45pm
Silver**
(DOB- 2/18/12 to 2/19/13)

Sunday, July 2

**Session 9B - 8:00am
Silver**
(DOB- 2/18/12 to 2/19/13)

**Session 10B - 11:10am
Silver**
(DOB- 7/5/10 to 2/17/12)

**Session 11B - 2:15pm
Silver**
(DOB- 7/5/10 to 2/17/12)

**Session 12B - 5:50pm
Silver**
(DOB on or before 7/4/10)

Monday, July 3

**Session 13B - 8:00am
Level 8 (All),
Open Optional (All),
Diamond**
(DOB on or after 6/17/09)

**Session 14B- 11:45am
Sapphire (All), Diamond**
(DOB on or before 6/16/09)



Teams as assigned by your provided roster.

2023 AAU GYMNASTICS NATIONAL CHAMPIONSHIPS

GYM C

Friday, June 30

**Session 1C - 8:00am
Bronze**
(DOB on or after 6/18/15)

**Session 2C - 11:00am
Bronze**
(DOB on or after 6/18/15)

**Session 3C - 2:00pm
Bronze**
(DOB- 5/23/14 to 6/17/15)

**Session 4C - 5:00pm
Bronze**
(DOB- 5/23/14 to 6/17/15)

Saturday, July 1

**Session 5C - 8:00am
Special Stars & Bronze**
(DOB- 2/24/13 to 5/22/14)

**Session 6C - 11:15am
Special Stars & Bronze**
(DOB- 2/24/13 to 5/22/14)

**Session 7C - 2:30pm
Special Stars & Bronze**
(DOB on or before 2/23/13)

**Session 8C - 5:45pm
Special Stars & Bronze**
(DOB on or before 2/23/13)

Sunday, July 2

**Session 9C - 8:00am
Ladies Bronze, Ladies
Silver, Ladies Gold**

**Session 10C - 11:10am
Ladies Platinum, Ladies
Diamond, Ladies Open
Optional**

**Session 11C - 2:15pm
Platinum**
(DOB on or after 8/21/10)

**Session 12C - 5:50pm
Platinum**
(DOB- 9/16/08 to 8/20/10)

Monday, July 3

**Session 13C - 8:00am
Platinum**
(DOB on or before 9/15/08)

**Session 14C- 11:45am
Level 7 (All)**



Teams as assigned by your provided roster.