

PREMIER COMPLEX WINTER CHALLENGE

MARCH 13TH 2021

DOORS OPEN 9:00 FOR PREMIER GENERAL STRETCH &
DOORS OPEN AT 9:20 NEW PRAGUE GENERAL STRETCH

	WARM UP (10 - MIN)		COMPETITION
9:45 AM 1	Vault - Flips, Beam - ICE		OPEN
2	Bars - Summies, Floor - FIRE		Vault - Flips, Beam - ICE
3	Vault - Twists, Beam - SUMMIT		Bars - Summies, Floor - FIRE
4	Bars - Flips, Floor - ICE		Vault - Twists, Beam - SUMMIT
5	Vault - Summies, Beam - FIRE		Bars - Flips, Floor - ICE
6	Bars - Twists, Floor - SUMMIT		Vault - Summies, Beam - FIRE
7	Vault - ICE, Beam - Flips		Bars - Twists, Floor - SUMMIT
8	Bars - FIRE, Floor - Summies		Vault - ICE, Beam - Flips
9	Vault - SUMMIT, Beam - Twists		Bars - FIRE, Floor - Summies
10	Bars - ICE, Floor - Flips		Vault - SUMMIT, Beam - Twists
11	Vault - FIRE, Beam - Summies		Bars - ICE, Floor - Flips
12	Bars - SUMMIT, Floor - Twists		Vault - FIRE, Beam - Summies
13			Bars - SUMMIT, Floor - Twists

LINE UP WILL TAKE PLACE ON THE FLOOR AT 10:00 AM – NATIONAL ANTHEM AND THEN COMPETE

WE WILL BE HAVING FULL CONCESSIONS

AWARDS WILL FOLLOW IMMEDIATELY AFTER THE MEET

MANDATORY MASKS FOR AUDIENCE AND STAFF – GYMNASTS WHILE WAITING OR WHEN NOT IN MOTION – 1 SPECTATOR PER GYMNAST EXCEPT SENIORS MAY BRING FAMILY – SENIORS SEND IN NUMBER OF GUESTS BEFORE MEET SO WE CAN PLAN AHEAD

MADDIE HEINN, ELLA WILLIAMSON, LEXI GRIFFIN

MEET FEE \$30 AND NO ENTRANCE FEE AT THE DOOR