



2930 Airport Rd.
Lacrosse, WI 54603

Saturday, March 10th Division 5 & 6

Division 6

7:25am Doors Open
7:45am-8:15am General warm-ups
8:15am-9:49am Timed warm-ups 10-minute rotations with 1 minute between
9:50am Coaches/Judges Meeting
10:00am March In
10:15am Meet Starts

Awards to Follow

Division 5

2:30pm Doors Open
2:45pm-3:15pm General warm-ups
3:15pm-4:49pm Timed warm-ups 10-minute rotations with 1 minute between
4:50pm Coaches/Judges meeting
5:00 March In
5:15pm Meet Starts

Awards to Follow

Sunday, March 11th Division 4

8:45am Doors Open
9:00am-9:30am General warm-ups
9:30am-11:06am Timed warm-ups 10 minute rotations with 1 minute between.
11:10am Coaches/Judges Meeting
11:25am March In
11:40am Meet Starts

Awards to Follow

Team Fees: \$200.00 per team

Admissions: \$7.00 Adults \$4.00 Students

Team Pictures Division 4,5,6: Pictures should be in by February 28th to be included in the Program. Please submit photo along with names by this date. You can email your photos to the gym email.

performanceelitegymnastics@gmail.com

Equipment Palmer Spring Floor
SA Table Vault with foam carpet runway
SA Beam
SA Bars